

Prevention Professionals of Northern Middlesex



August 27, 2021

PPNM is a coalition of eight communities working together to help reduce substance use disorder with specific intentions for youth below the age of 18. Communities include Billerica, Chelmsford, Dracut, Lowell, Tewksbury, Tyngsborough, Westford and Wilmington.

Cannabis Use May be Associated with Suicidality in Young Adults

<https://www.drugabuse.gov/news-events/news-releases/2021/06/cannabis-use-may-be-associated-with-suicidality-in-young-adults>

An analysis of survey data from more than 280,000 young adults ages 18-35 showed that cannabis (marijuana) use was associated with increased risks of thoughts of suicide (suicidal ideation), suicide plan, and suicide attempt.

Marijuana Drug Facts

<https://www.drugabuse.gov/drug-topics/marijuana>

Marijuana is the most commonly used addictive drug after tobacco and alcohol.¹ Its use is widespread among young people. In 2018, more than 11.8 million young adults used marijuana in the past year.¹ According to the **Monitoring the Future survey**, rates of past year marijuana use among middle and high school students have remained steady, but the number of teens in 8th and 10th grades who say they use it daily has increased

Health Effects of Marijuana

<https://www.cdc.gov/marijuana>

Marijuana is the most commonly used illegal drug in the United States, with 37.6 million users in the past year,¹ and marijuana use may have a wide range of health effects on the body and brain. Click on the sections below to learn more about how marijuana use can affect your health.

Community Contacts

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Facebook and Twitter
#RegionalPPNM

Drug Free Greater Lowell Web Page
www.drugfreegreaterlowell.org

COMMUNITY PARTNER SPOTLIGHT!

Greater Lowell Health Alliance (GLHA)

Our mission:

To sustain a strategic alliance of community organizations that improves the overall health and wellness of those living in the Greater Lowell Region.

The Greater Lowell Health Alliance of the Community Health Network Area 10 (GLHA) is comprised of healthcare providers, business leaders, educators, civic and community leaders with a common goal to help the Greater Lowell community identify and address its health and wellness priorities.

We invite you to join with us as we share ideas and solutions to enrich the Greater Lowell community. Utilize and share the community resources that help address unmet health needs. Join a task force that addresses a health need that interests you. Attend or request to be a presenter at one of our network meetings.

The GLHA has developed a wide variety of shareable, educational materials, in multiple languages, and updated our website, <https://www.greaterlowellhealthalliance.org/> to host a COVID19 vaccine page. This page is updated daily with videos of Community Ambassador testimonials, to show people why they got the vaccine and share their vaccination experience. We hope that this will help others gain confidence in the vaccine and share their own experiences. We know that outreach about the vaccine needs to be on virtually every media possible, such as the radio, TV stations, social media, newspapers, and verbally spreading the word. But more importantly through someone they trust, what we are calling our Message Ambassadors.

COVID-19 and People at Increased Risk

<https://www.cdc.gov/drugoverdose/resources/covid-drugs-QA.html>

Having a substance use disorder can make you more likely to get severely ill from COVID-19. People who use drugs may also have underlying medical conditions that put them at increased risk for severe illness from COVID-19, and they may have concerns and questions related to their risk. Additionally, recent data and reports show that fatal drug overdoses in the United States have been increasing before and during the COVID-19 pandemic. This is an emerging, rapidly evolving situation and CDC will provide updated information as it becomes available.

Mental Health, Substance Use, and Suicidal Ideation During the COVID-19 Pandemic

<https://www.cdc.gov/mmwr/volumes/69/wr/mm6932a1.htm>

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