

Prevention Professionals of Northern Middlesex



August 13, 2021

PPNM is a coalition of eight communities working together to help reduce substance abuse with specific intentions for youth below the age of 21. We provide a variety of services and resources for all ages working within the entire spectrum of care from prevention to harm reduction to behavioral health wrap around services.

Understanding the Dangers of Alcohol Overdose

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/understanding-dangers-of-alcohol-overdose>

Celebrating at parties, cheering a favorite sports team, and enjoying get-togethers after work are common ways to relax or be with friends. For some people, these occasions may also include drinking—even binge or high-intensity drinking. And when that happens, the results can be deadly.

College Drinking - Changing the Culture

<https://www.collegedrinkingprevention.gov/>

This is your one-stop resource for comprehensive research-based information on issues related to underage drinking and binge drinking among college students.

College Drinking

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/college-drinking>

As college students arrive on campus this fall, it is typically a time of new experiences, new friendships, and making memories that will last a lifetime. Unfortunately for many, it is also a time of harmful and underage drinking and of dealing with its aftermath—from vandalism, sexual aggression, and other forms of violence to injuries and death.

WHO ARE WE?

Communities include:

Billerica—Mike Higgins
mhiggins@town.billerica.ma.us

Chelmsford—Amanda Glaser
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Dracut—Kara Curley
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Lowell—Lainnie Emond
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Tewksbury—Maria Ruggiero
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Tyngsborough—Shaun Woods
swoods@tyngsboroughma.gov

Westford—Gail Johnson
gjohnson@westfordma.gov

Wilmington—Samantha Reif
sreif@wpd.org

Community Partner Spotlight!

Lowell Health Department

Lowell CO-OP

The Lowell Community Opioid Outreach Program (CO-OP) is a team comprised of first responders and clinical specialists from key stakeholders throughout Lowell, MA who are focused on reducing the impact of the opioid epidemic in the city. The mission of the Lowell CO-OP is to decrease the number of non-fatal and fatal opioid overdoses within Lowell while increasing the number of overdose survivors who access treatment. Lowell CO-OP Main Phone Number: 978-631-7240

- Lowell CO-OP Supervisor, Maricia Verma, Lowell Health Department: 978-866-6628
- To request a Narcan training and access to a FREE Narcan kit, call Lowell CO-OP member Gianna Sandelli, Assistant Director of Outreach for Lowell House Addiction Treatment and Recovery: 978-735-3228.
- Youth Outreach Specialist, Devin Gilmore, Lowell Health Department: 978-866-2193
- The Lowell CO-OP's Youth Outreach Specialist engages with youth up to the age of 25 to provide prevention and educational services, and case management, regardless of substance of use.

Syringe Collection Program

Created as a means to educate the community of Lowell on the importance of safe and proper sharps storage and disposal, and to respond to incoming discarded needle pick-up requests within the Lowell community.

The Syringe Collection Program Coordinator actively builds relationships with community organizations to identify locations of frequent needle discard, proactively removes discarded needle from reoccurring in public spaces, coordinates educational activities surrounding safe needle protocol, and is available to support community clean-up efforts. The Syringe Collection Program Coordinator works to educate community organizations, neighborhood groups, schools, and youth serving agencies regarding the importance of avoiding used sharps and the protocol to report discarded needles that are found in the community.

- Syringe Collection Program Coordinator, Andres Gonzalez: 978-674-1049

Carrying Narcan saves lives!

Reach out for your FREE (2) 4mg doses of Narcan

Call Maria Ruggiero 978-640-4385 Ext 352.

mruggiero@tewksbury-ma.gov Cell 978-382-4989

