



RISE ABOVE YOUR ADDICTION

LEVELS OF CARE

Individual and group clinical programming takes place in a comfortable, safe and professional outpatient setting. Elevate Recovery Center offers three levels of care to assist with smooth transitions throughout an outpatient continuum or following inpatient treatment.

1. DAY TREATMENT
2. INTENSIVE OUTPATIENT & EVENING TRACK
3. OUTPATIENT PROGRAM

Day treatment and intensive outpatient treatment programs are primarily structured as group treatment on a variety of topics and techniques, including cognitive behavioral therapy, dialectical behavioral therapy skill building, life skills building, acceptance and commitment therapy, co-occurring disorder education and coping skill building, mindfulness, meditation and relapse prevention. At Elevate Recovery Center, we understand the trauma faced by people with substance use disorders and their families. Therefore, we include individualized services and family support as needed. We collaborate with organizations that provide ongoing individual therapy as well as medication management. We understand that the recovery journey is deeply personal and we are honored to be a trusted partner for all who seek assistance through us.

WHY ELEVATE?

- On-site psychopharmacology and affiliations with MAT providers
- Evening outpatient program for daytime workers
- On-site holistic therapies: meditation and mindfulness with an emphasis on individualized care and choice
- Collaboration with families and recovery supports
- Diverse evidence-based group content including CBT, DBT skills, ACT, conflict resolution, trauma education and co-occurring disorders, neurobiology of addiction, stages of change, anger management, relapse prevention, continuing care planning and more.
- Trauma-informed treatment environment
- Transportation services
- National relationships with sober houses for aftercare options

WE ACCEPT MOST INSURANCES

We accept most insurance plans. We also believe that everyone who struggles with a substance use disorder deserves to have access to the addiction treatment they need. If an individual does not have health insurance, they should contact our addiction treatment center in to discuss a financial plan that fits their needs or let us help find the right services for them.

100% CONFIDENTIALITY GUARANTEED

Offering 24/7 Admissions (978)362-3920

CLIENT EXPERIENCE

- Small and engaging group sessions
- Individual sessions with your therapist and access to the entire clinical team
- Aftercare planning that fits your needs
- Job/occupational assistance
- Life skill building including nutrition and physical activities
- Acceptance and commitment therapy
- Co-occurring disorder education
- Therapeutic family reintegration
- Holistic experiential practice
- Mindfulness and meditation
- Relapse prevention
- Disease Model of Addiction

Medication-assisted treatment, including Vivitrol® and Suboxone®, is available to clients with an opiate addiction on an outpatient basis. All clients receive a complete and comprehensive clinical assessment, individualized treatment planning, educational services, and individual, group and/or family counseling.

Individuals and family members enduring addiction can count on us for an addiction-free lifestyle.



HOURS OF OPERATION

MONDAY 9:00AM - 9:00PM

TUESDAY 9:00AM - 9:00PM

WEDNESDAY 9:00AM - 9:00PM

THURSDAY 9:00AM - 9:00PM

FRIDAY 9:00AM - 9:00PM

Offering Admissions 24/7
(978)362-3920

