

# Newsletter

September 2021 Volume 1, Issue 3

VA Bedford Community Recovery Connections
Team creates and supports Veteran social
networks in Bedford, on the North Shore, South
Shore, Merrimack Valley, and surrounding areas.
We are Veterans in recovery; we offer guidance
and bridging developed through our own lived
experience.

#### MONTHLY VETERAN COFFEE SOCIALS

Veteran Coffee Socials are meet ups where Veterans socialize and find connection and support. We discuss benefits, events, and community. Many coffees meet weekly, but below are the few that meet monthly:

**HULL |** 1st Friday of the month, 9 – 10:30 AM, 1117 Nantasket Ave

**COHASSET** | 2nd Fridays, 9 – 10:30 AM, Willcutt Commons, 91 Sohier St

**HINGHAM |** 3rd Fridays, 9 – 10:30 AM, The Residence at Penniman Hill, 276 Whiting Street, Hingham Ma

**WEYMOUTH** | 4th Fridays, 9 – 10:30 AM, McCulloch Bldg, 182 Green St

## **Upcoming Events**

Tuesdays: Healthy Teaching Kitchen; call 781-687-3441

SEPTEMBER 10th is World Suicide Prevention Day and

September is National Suicide Prevention Month-

<u>American Foundation for Suicide Prevention - Upcoming Events (afsp.org)</u>



#### Connect with us

Chuck, Peer Specialist, (O)781.687.2911; (C)781.382.5912 Karen, Peer Specialist, (O)781.687.3315; (C)781.885.5625 Jessica, Peer Specialist, (O)781.687.2864; (C)781.885.4428

**Vets Coffee on Facebook\*** 

**VA Bedford Healthcare System on Facebook** 

\*Links to non-government websites provided as a public service only



### **WEEKLY VETERAN COFFEE SOCIALS**

Tewksbury   Mondays	<b>Ayer  </b> Tuesdays
9 – 10 AM	7:30 – 9:30 AM
Bayberry Assisted Living	Union Coffee Roaster
Facility, 2000 Emerald Ct	25 Main St
Auburn   Tuesdays	Chelmsford   Tuesdays
6:30 – 8 PM	9:30 – 11 AM
Dunkin Donuts	American Legion
386 Southbridge St	90 Groton Rd, North
	Chelmsford
Bedford   Thursdays	Haverhill   Thursdays
7:30 – 9 AM	7:30 – 9 AM
VA Bedford Patriot	Battle Grounds Coffee
Canteen, 200 Springs Rd	39 Washington St
Danvers   Thursdays	Gloucester   Fridays
5 – 6 PM	8:30 – 10 AM
VFW Post 2359	Gloucester Veterans
5 Conant St	Services, 12 Emerson Ave
Billerica   Fridays	Plymouth   Fridays
9:30 – 11 AM	1 – 2:30 PM
High Octane Harley-	Nathan Hale Veteran
High Octane Harley- Davidson	Nathan Hale Veteran Outreach Center
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Davidson	Outreach Center
Davidson 1 Chelmsford Rd	Outreach Center 116 Long Pond Rd
Davidson 1 Chelmsford Rd  Rockport   Saturdays	Outreach Center 116 Long Pond Rd Manchester-by-the-Sea
Davidson 1 Chelmsford Rd  Rockport   Saturdays 8 – 10 AM	Outreach Center 116 Long Pond Rd Manchester-by-the-Sea   Saturdays, 8:30 – 10 AM

#### **Veterans Crisis Line**

If you are experiencing anxiety or other symptoms, the Veterans Crisis Line is always available. Talk, text, or chat.

Call **1-800-273-8255**, press **1**Send a text message to **838255**Confidential online chat session <u>Veterans Crisis</u>
<u>Line</u>

